

PSWD ELEMENTARY CAMP

SUMMER 2016



CAMPER PACKET

CAMP DE BENNEVILLE PINES

June 2016

Hello campers and parents!

My name is Celeste Plumlee, and I am the Dean of Elementary Summer Camp. This will be my fifth summer as the Dean of this camp, and I've held a variety of volunteer camp staff positions over the last twelve years. I am a social worker and legislator in the Arizona House of Representatives, and I have been a Unitarian Universalist for over 30 years. I am absolutely in love with camp, and am very excited about what this summer has to offer all of us!

Campers, read this:

*The world needs you. It needs people who have compassion, who listen, who think, and who want to make things better. You have the ability to change things in small ways, in big ways, and in important ways. The truth is... you have already changed the world just by being you! The theme of this year's camp is **Our World is One World** and we will be part of the adventure, with others from around the world, who are working hard to make things better for everyone. We will have SO MUCH FUN!*

We don't have to do anything magnificent or stand out in a crowd to be valuable and loved. All we need is to be... and we all know how to do that! So campers... come and be whoever you want to be. We have a place for you at camp, and we are so excited to have you! You will make new friends, have an amazing time, and get to express yourself in ways that may be new to you. We will provide you with opportunities to challenge yourself and try new things; and you will find that Camp de Benneville Pines is one of the most loving and supportive communities any of us can hope to be in. Take this opportunity and HAVE FUN!!

Parents and Guardians, here are some important things for you to know BEFORE you get to camp:

WATER! Please make sure that your camper brings refillable bottle, canteen, etc. with them to camp. We all have higher water consumption needs at higher altitudes, and camp staff will proactively have campers drink water often.

Campers can only spend money in the camp store during check-out. NO MONEY will be accepted from campers during the camp. All campers will have a small credit in the camp store so they can buy a souvenir or something that catches their eye during the week. So please don't send money to camp with your camper. Make plans to purchase a camp t-shirt or sweatshirt or anything else your camper "has to have" on check-out day.

Please *do not send electronics* with your campers! It is fine to bring something to listen to music at bedtime, but it needs to include ear buds, and it will be put away in a counselor room during the day. No video games, cell phones, laptops, iPads, CD players, etc. are allowed. We do encourage campers to bring cameras and ask that they bring only actual cameras, not phone cameras.

No food is allowed in the cabins, including gum. Please don't send food with your camper or mail it to them during camp. If your camper has special dietary needs or may require additional snacks, please give all food supplements to the camp nurse at check-in so your child will have access to it as needed.

Each camper will have a workshop to tie-dye something during the week. Please remember to send one or two 100% cotton thing(s) which they can tie-dye during this annual camp activity. Please include a sealable plastic bag as well, so the dyed item can go home safely. Even if your camper says they don't want to tie-dye, please send something just in case.

Secret Buddies will be an optional activity for the first time this year (in previous years everyone has been expected to participate). Every camper who opts-in to *Secret Buddies* will be given the name of another camper who has also opted-in so they can write poems, make crafty things, find cool stuff in nature, etc. to put in their secret buddy's mail bag each day. On the final day of camp, secret buddies will be asked to reveal themselves to one another. Campers will have the opportunity to talk to the *Secret Buddy Coordinator* and ask questions at check-in before making a commitment to be a *Secret Buddy*.

Please take time to read over the enclosed Camp Covenant and discuss it with your camper. It contains some very important information about camp expectations and the community we intend to create. It will need to be signed by both camper and parent/guardian before any camper can be fully checked-in.

Check-in time is between **2pm - 5pm on Sunday, July 10**. Please give yourselves time to get acquainted with the property and get your camper all moved in by **5pm**. Once your camper is checked-in, you will be able to leave. Please allow at least 30 minutes for the check-in process, although sometimes longer lines move more slowly (the check-in process includes turning in paperwork, going to the cabin, making a name tag, etc.) Please **do not check-in prior to 2pm!** Sunday is also staff training time and we are often setting up minutes before check-in opens.

Elements of a typical day at Elementary Summer Camp

- Breakfast
- Workshops (archery, pool, tie-dye, games and worship planning)
- Lunch
- Workshops (arts & crafts, hiking, pool, archery and more)
- Snack, evening activity prep and secret buddy crafts
- Camper-planned worship
- Cabin meetings and quiet time
- Themed Dinner (dress-up is optional and encouraged)
 - Monday:** Crazy Hat/Hair, **Tuesday:** Backwards, **Wednesday:** Dress your Counselors
 - Thursday:** Mix and Match, **Friday:** Fancy Clothes or Costumes (worn to the dance)
- Evening Activity (subject to change)
 - Monday:** Game Night, **Tuesday:** Carnival, **Wednesday:** Campfire,
 - Thursday:** Variety Show, **Friday:** Dance Vespers

You will notice the special themed dinners and evening activities listed above. *Please help your camper plan and pack for these special events* as they are an important part of the camp experience. If your camper does not feel at ease with the idea of wearing something "crazy or fancy", please let them know that their participation is optional.... all themed meals are meant to be fun, not stressful.

On Saturday morning, we will have a pajama breakfast before packing and cleaning camp. We will have a **closing ceremony from 10am - 11am, which parents are strongly encouraged to attend. Final check-out is between 11am and Noon.**

I am so excited for this camp! I will be contacting all camper families in the next couple of weeks to answer questions. Please feel free to contact me directly as well. I have the seen many people transformed by their experience at Camp de Benneville Pines, and this will truly be an amazing week for all of us!

In Love and Camp,

Celeste Plume
Elementary Summer Camp Dean
elemcampdean@yahoo.com
480-252-3794 (call or text)

Elementary Camp Summer 2016

Arrival and Departure Times:

Check-in will be from 2:00pm to 5:00pm on Sunday July 10, 2016. Please be sure to bring all completed forms with you at that time.

If your camper is riding with another family, be doubly sure that all the forms are completed and that they arrive with your child. No camper may remain in camp without all forms completed and signed by parent or guardian.

Please pick up your camper between 11:00am and 12:00pm on Saturday, July 16, 2016. **Attending the camp closing is an important part of the camp experience, 10am – 11am departure day. Parents are encouraged to attend. Please do not pull your camper out of the closing. Coffee and restrooms are available at the lodge if you arrive before the closing has finished and you don't wish to attend.** The last meal served on Saturday will be breakfast, so please feel free to pack a snack or picnic lunch for your camper to enjoy in the car. There will be no supervision provided at camp after 12:30pm on the day of departure.

Arranging Transportation:

If your camper needs a ride to camp or you can offer another camper a ride, please send a message to the camp registrar explaining your need. The registrar can be reached via email at registrar@uucamp.org or via a phone message, 909-794-1252. She will send your request out via email to families coming from your area. Please do not wait until the last minute to arrange a ride for your camper.

Health and Safety:

Enclosed are several forms. **The forms must be filled out completely.** No camper may check in without having **ALL** forms completed and signed by a parent or guardian. Please fill out the appropriate health form. Two choices are included in this packet. Campers without completed forms will not be allowed to stay at camp. **NO EXCEPTIONS.**

De Benneville Pines Camp Policy:

We are dedicated to providing a safe and fun community for youth and staff. Disruptive items and behaviors threaten the peace and safety of the community. We therefore have rules that we ask all campers and staff to adhere to. Please review with your camper the "PSWD Youth Camp Behavior Policies" included in this packet, then have your camper read and sign the "Camp Covenant". The guidelines and rules will be reviewed on the first day of camp.

Registration Refund Policy:

Should your camper need to cancel camp prior to arrival for any reason, the \$75 deposit is non-refundable. If your camper needs to leave camp early for any reason, the full camp fee is non-refundable. In some instances, camp fees may be transferable to a future Youth Camp. This generally pertains to a camper who has to leave camp due to illness or injury.

Theft and Missing Articles Policy:

Neither the camp, nor its employees will be held financially responsible for any lost or stolen clothing, articles or money. Please send only used or worn equipment to camp. We encourage campers to leave valuable items and new clothing at home. Should your camper have a tendency to misplace things, please mark their name on all items. Any Lost & Found articles are held at camp for four weeks, and if claimed, will be shipped to camper at the owner's expense. All unclaimed L & F items will be donated to local families in need or to the Goodwill.

Telephone Policy:

Please do not send electronics or cell phones with your camper. Music players with ear buds will be allowed at bedtime only. No video games, cell phones, laptops, iPads, CD players, etc. will be allowed. We UNPLUG at camp. Please have your campers bring actual cameras. We encourage photo taking, but since cell phones are not allowed, do not send a cell phone for its camera feature.

Please allow your camper to adjust to camp without phone calls from home. Campers are rarely near a phone and it can be difficult to locate them quickly. Non-emergency calls are highly discouraged. Please do not ask your camper to call home routinely, and do not send your camper to camp with a cell phone. Unnecessary phone calls can disrupt your camper's emotional state and make him/her homesick. Encourage your camper to write postcards or a letter and send your camper a postcard from home.

If you have an emergency, please call the camp office at 909-794-2928 or reach the Camp Manager, Janet James, directly on her cell phone 909-435-6298.

Camp Mailing Address:

Camp de Benneville Pines
41750 Jenks Lake Rd W
Angelus Oaks, CA 92305

Camp Store:

During elementary camp, the store will be open during check out so please do not send your camper with any money. Please feel free to "shop til you drop" on pick up day!

If you have any questions or need clarification about the policies and procedures in this packet, please feel free to contact Geoff Anderla, the camping ministries director at pswdcmd@gmail.com or call Geoff on his cell phone: 623-252-5619.

PACIFIC SOUTHWEST DISTRICT YOUTH CAMP BEHAVIOR POLICIES

1. All camper housing is in single-sex cabins.
2. Curfew is defined as the time after which all campers are to be in their own cabins.
Lights Out for Elementary Youth Camp is 9:00 pm to 7:30 am
Lights Out for Junior High Youth Camp is 11:00 pm to 7:30 am
Lights out for Senior High Youth Camp is midnight to 7:30 am
3. Campers may not leave the campgrounds at any time during camp without the permission and supervision of adult staff. No group smaller than four (4) people may leave the premises for any reason.
4. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. Use of a camp landline and/or wood burning stove requires adult permission and supervision. There is no use of the *First Aid Station* without the supervision of a trained adult staff member.
5. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members. Any visits must be pre-arranged and approved by the Dean and/or Camping Ministries Director. All pre-arranged visitors must check-in upon arrival and wear a VISITOR BADGE while in camp.
6. Attendance at workshops, worships and meals is expected.
7. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. NO PRANKS.
8. Dangerous or disruptive behavior of any kind will not be tolerated; this includes the use of rude and abusive language. Campers will be reminded of their Camp Covenant and appropriate action will be taken.
9. **Closed toed shoes must be worn when a camper is outdoors.** Open toed shoes are only permitted in showers and at the pool. Campers may walk to and from the pool in open toed shoes yet carry closed toe shoes with them in case of emergency evacuation, or schedule change.
10. No tree climbing or rock throwing.
11. No youth camper may use the hot tub at any time, under any circumstances. Proper swimsuit attire is required for swimming; no street clothes are permitted in the pool.
12. No one is allowed in the kitchen without a valid food handler's card.
13. No drugs, alcohol or weapons are allowed at camp. All prescription and over-the-counter medications must be turned in to our Camp Nurse during check-in. The use of all medications is to be monitored by the camp health professional and adult staff. Medications must be in their original packaging.
14. Campers may not be alone while in cabins or at activities and should always travel in groups of three's.
15. All campers must sign the Camp Covenant (included in this packet)
16. All parents must sign the Camp Covenant (included in this packet)
17. PSWD Youth Camps are SMOKE FREE. Campers and staff may not smoke at camp. This includes vape pens and e-cigarettes.

Any camper unable to abide by these policies will be asked to leave camp without benefit of refund and may be restricted from participating in future youth camps.

**Camp de Benneville Pines
Elementary Summer Camp 2016
Camp Covenant**

In the spirit of maintaining a healthy camp community, all campers and staff who participate in Elementary Summer Camp at Camp de Benneville Pines are asked to agree to the following expectations. We will refer back to this covenant throughout camp as necessary to ensure that we maintain a safe and loving space for everyone.

Elementary campers are expected to:

- Treat other campers and camp staff with respect
- Allow other campers to have the physical space they need to feel comfortable
- Talk to their counselors and/or the Dean if they feel uncomfortable
- Not physically hurt any other camper or staff member
- Respect the property of all others and not touch other people's things without permission
- Use kind and thoughtful language when expressing how they feel
- Stay within approved areas for camp activities
- Travel around camp in groups of three or more
- Ask for help if they need some time to themselves
- Listen to and follow the guidance of their counselors and other staff
- Challenge themselves to try something new every day

Camp counselors, program staff and Dean will:

- Listen to campers when they have concerns
- Do everything they can to ensure the safety of all campers
- Respect campers' rights to privacy when sharing their feelings and concerns
- Speak directly to campers who have violated the covenant
- Remove campers from activities when they put others in physical or emotional danger
- Provide an inclusive and encouraging community to all campers

Camper parents/guardians will:

- Speak to their camper about the covenant to ensure that expectations are understood
- Be available to the Dean for phone conversations during the week of camp
- Communicate openly with the Dean about specific needs of their camper and any concerns they may have about attending a sleep-away camp

We understand the covenant and agree to what it says. We know that there can be consequences when campers break the covenant, which may include time to sit out of an event or activity, a call home to a parent, or in more extreme cases, being sent home. We agree to be engaged in a compassionate camp community and to act in ways that are respectful to ourselves, to other campers, and to camp staff.

Camper Printed Name: _____

Camper Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

I give my permission for my child to be photographed or videotaped participating in camp activities and for the photos/videos to be used in Camp de Benneville Pines/PSWD publications and promotions

_____ Signature of parent/Guardian

_____ Date



Notes from the Camp Nurse

Hello!

Camp is only a few days away and here are some reminders:

- 1. Remember to bring a copy of your child's complete immunization record (or waiver form) AND a copy of the front and back of your child's insurance card. These items must accompany "Health History Form & Authorization to Treat".**
- 2. MEDICATION** – Please bring all prescription and over-the-counter medications in original, properly labeled containers. Bring medications with you to the registration table so they can be registered with the Camp Nurse and transferred to the infirmary. Rescue inhalers (Albuterol) may be kept with the camper, but please notify the nurse that the camper has the inhaler.
- 3. ALLERGIES** - If your child has an allergy, especially bee stings or peanuts, make sure you bring a supply of Benadryl[®] and an Epi-Pen (twin pak)[®]. The EMS response time is 30 minutes so each camper needs two (2) Epi-pens for safety.
- 4. ASTHMA & HAYFEVER** – Even if your child has not had to use their Albuterol inhaler or Antihistamine for some time, camp is the place they will probably need them. Inhalers can be kept with the camper or in the Infirmary. Antihistamine medication is kept in the infirmary.
- 5. BEDWETTING** – It happens! No worries. If your child requires special accommodations, please feel free to call me at the number below to discuss your camper's unique needs. And send along a plastic sheet to protect the mattress.
- 6. ADHD/MENTAL HEALTH NEEDS** – I recommend that campers continue medications for ADHD and mental health needs while at camp. We are quite busy at camp, with planned activities throughout the day and evening, so medications that are useful at school and home can also help your child be successful at camp.
- 7. SPECIAL DIETS** – While the fabulous kitchen crew can accommodate many dietary needs or preferences (i.e. vegan, vegetarian, gluten-free), it's always a good idea to send food items to camp to supplement a limited diet plan (i.e. Gluten free breads and cereals). These items can be stored in the kitchen and lodge refrigerator. Please don't send food to camp unless your child has dietary issues. We feed kids well! Multiple food allergies can be difficult to accommodate, so please send some favorite alternatives.
- 8. PHONE CALLS** – Please allow your camper to play and explore camp without having to check in with you each day. Keep cell phones at home, and we will call you if there is a problem.

And, speaking of calling.....during camp, please feel free to call me at the number below, from 7 am through 10 pm, Pacific Standard Time. If there is no answer, leave a message and I will call you back. If you would like to call me before camp begins, feel free to reach me from 7:00 am through 10:00 pm CST. I live in Wisconsin which is two hours ahead of Pacific Standard Time.

Thanks!

Rebecca Swenson, APNP, MSN, Camp Nurse Phone: 262-909-5415

Health History Form & Authorization to Treat for children attending Camp de Benneville Pines

The information on this form is gathered to assist us in identifying care your child may need while at camp. Please provide complete information so that the camp can be aware of your campers needs.

Camper Name _____ Birthdate _____ Age at camp _____
Last First Middle

Address _____
Street Address City ST Zip

Custodial Parent/Guardian _____ Home phone _____
Cell phone _____ Business phone _____

Will you be out of town while your child is at camp? Y / N

Additional Parent/Guardian or Emergency Contact (Required) _____

Home Phone _____ Cell phone _____ Business phone _____

If not available in an emergency, notify: _____ Relationship _____

Home Phone _____ Cell phone _____ Business phone _____

Insurance Information

Is camper covered by family medical/hospital insurance? YES / NO

If yes, carrier or group name _____ Group# _____

Attach photocopy of front and back of health insurance card to form

IMPORTANT - These boxes must be complete for attendance *

Parent/Guardian Authorizations: This health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the child named above. This complete form may be photocopied for trips out of camp.

Signature of parent/guardian _____

Printed name _____ Date _____

I understand and agree to abide by any restrictions placed on my participation in camp activities.

Signature of minor _____ Date _____

** If for religious reasons you cannot sign this, contact the camp for a legal waiver which must be signed for attendance.*

Restrictions (the following restrictions apply to this individual - circle items that apply)

Does not eat: Red Meat Pork Dairy Products Poultry Seafood Eggs Other (describe) _____

Explain any restrictions to activity (what cannot be done, what adaptations or limitations are necessary)

Allergies - List all known

Describe reaction and usual management of reaction

Medications: _____

Foods: _____

Other: (include insect stings, hay fever, asthma, animal dander, etc)

If your child requires an epi pen to be close at all times, please be sure to send one to camp

Camp Dates

Cabin

Camper Name

Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle one: the camper **takes NO medications** on a routine basis the camper **takes medications** as follows:

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications

General Questions (explain "yes" answers below)

1	Had any recent injury, illness or infectious disease?	Y / N	16	Ever had a back problem?	Y / N
2	Have a chronic or recurring illness/condition?	Y / N	17	Ever had problems with joints (e.g. knees, ankles)?	Y / N
3	Ever been hospitalized?	Y / N	18	Have an orthotic appliance being brought to camp?	Y / N
4	Ever had surgery?	Y / N	19	Have any skin problems (e.g. itching, rash, acne)?	Y / N
5	Have frequent headaches?	Y / N	20	Have diabetes?	Y / N
6	Ever had a head injury?	Y / N	21	Have asthma?	Y / N
7	Ever been knocked unconscious?	Y / N	22	Had mononucleosis in the past 12 months?	Y / N
8	Wear glasses, contacts, or protective eyewear?	Y / N	23	Had problems with diarrhea/constipation?	Y / N
9	Ever had frequent ear infections?	Y / N	24	Have problems with sleepwalking?	Y / N
10	Ever passed out during or after exercise?	Y / N	25	If female, have an abnormal menstrual history?	Y / N
11	Ever been dizzy during or after exercise?	Y / N	26	Have a history of bed-wetting?	Y / N
12	Ever had seizures?	Y / N	27	Ever had an eating disorder?	Y / N
13	Ever had chest pain during or after exercise?	Y / N	28	Waived or missed any scheduled immunizations?	Y / N
14	Ever had high blood pressure?	Y / N	29	Ever had emotional difficulties for which professional help was sought?	Y / N
15	Ever been diagnosed with a heart murmur?	Y / N			

Please explain any "yes" answers, noting the number of the questions: _____

Name of family physician _____ Phone _____

Name of family dentist/orthodontist _____ Phone _____

Use this space to provide any additional information you believe the camp staff should be aware of regarding the campers behavior and physical, emotional, or mental health: _____

Authorization to Treat During Transportation/Carpooling to Camp

Permission Form:

My child/ward has permission to travel to and from Camp de Benneville Pines near Angelus Oaks, California. I understand that the camp is not responsible for the safety of my child until my child has been properly checked in at the time of registration. Furthermore, once my child checks out of camp on the final day, the camp is no longer responsible for the safety of my child. Unless otherwise contacted by me, my child has permission to carpool to and from camp with the following adults **(please include names of all adults permitted to pick your child up from camp, including parents):**

Name _____	Home Phone _____	Cell Phone _____
Name _____	Home Phone _____	Cell Phone _____
Name _____	Home Phone _____	Cell Phone _____
Name _____	Home Phone _____	Cell Phone _____

Emergency Authorization to Treat:

I hereby give permission to the medical personnel selected by my child/ward's driver to order x-rays, routine tests and treatment for my child/ward; and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the driver of my child/ward to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child/ward named above. This form may be photocopied. I recognize that neither de Benneville Pines, Inc., nor the Pacific Southwest District of the Unitarian Universalist Association is responsible for persons car pooling to or from camp.

Signature of parent/guardian _____ Date _____

During the times my child will be transported to and from camp, you should be able to reach me:

To Camp - Phone _____ Alternate Phone _____

From Camp - Phone _____ Alternate Phone _____

Emergency Information Form – Adults at Camp de Benneville Pines

Name _____ DOB _____

Address _____ City _____ ST _____ Zip _____

Home Phone# _____ Cell Phone# _____

Medical Insurance Company _____ Phone# _____

Policy# _____ Group# _____

Emergency Contact (not at camp)

Name _____ Phone#1 _____

Phone#2 _____ Email/SMS _____

My immunizations are up-to-date YES NO Date of last tetanus shot _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information):

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information):

Please list all medications; OTC & RX that you will be taking while at camp (use other side for additional information):

I understand that if I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville’s isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

This form is for use by the Health Supervisor during camp only. After camp, it will be shredded. We do not retain medical records for adult campers.

Option 1

I hereby give permission for the camp first aid person to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization.

Signature of Adult Camper/Participant _____ Date _____

Option 2

Although I understand that my medical information is being requested only so that medical treatment can be provided in case of an emergency, loss of consciousness or inability to make a decision on my own, and that not having this information may make it impossible for the Health Supervisor to provide appropriate medical care, I wish to decline to provide the requested medical information.

Signature of Adult Camper/Participant _____ Date _____

Camp de Benneville Pines



What to Bring

Please pack the following items to ensure you have a safe and enjoyable time at camp:

- Hat with brim, sunglasses
- Long pants
- Long-sleeved shirts, T- Shirt
- Comfy pants
- Sweatshirt, sweater, jacket
- PJ's
- Tank top/ Shorts/ Skirts
- Clean underwear
- At least 6 pair of socks
- **Two pairs of closed toed shoes suitable for hiking**
- Sleeping bag or sheets & blanket
- Pillow
- Bug Spray/ repellent
- Talent show items
- Dress-up clothes for Friday dance
- 2 towels- 1 for swimming pool
- Bathing suit
- Dirty clothes bag
- Prescription meds in original med bottle
- Soap, shampoo, comb & hairbrush
- Toothbrush & toothpaste
- **Sunscreen and lip balm**
- Books, jokes, skits, stories, games
- Camera and fresh batteries
- Flashlight and fresh batteries
- WATER BOTTLE- to refill
- Flip flops for pool
- Costumes, silly hats, etc for themed meals

Bring two (2) all white 100% cotton items in large ziplock baggie for tie-dying.

Leave cell phones and electronic games at home!

If you need to reach camp, here are some handy numbers:

Janet James, Camp Manager, cell phone (909) 435-6298

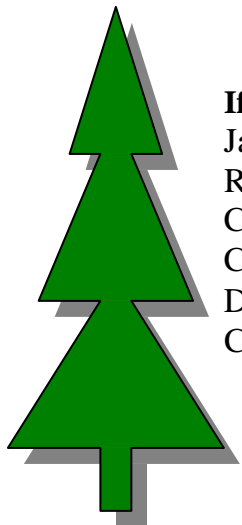
Randy Carroll-Bradd, Camp Caretaker, cell phone (210) 216-6125

Camp Office (909) 794-2928 Camp Lodge (909) 794-8712

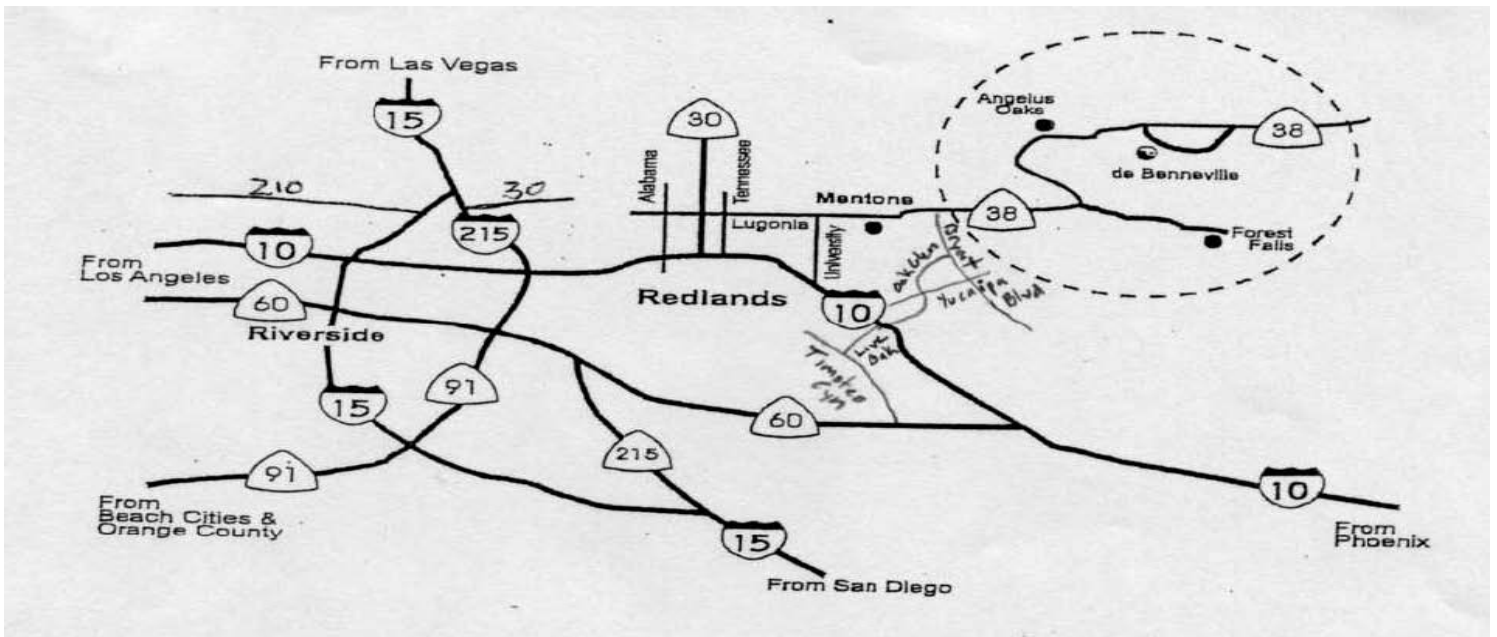
Camp email: uucamp@aol.com Camp website: www.uucamp.org

Directions on website: <http://www.debenneville.org/Information/Directions2Camp.html>

Camp Address: 41750 Jenks Lake Road-West, Angelus Oaks, CA 92305



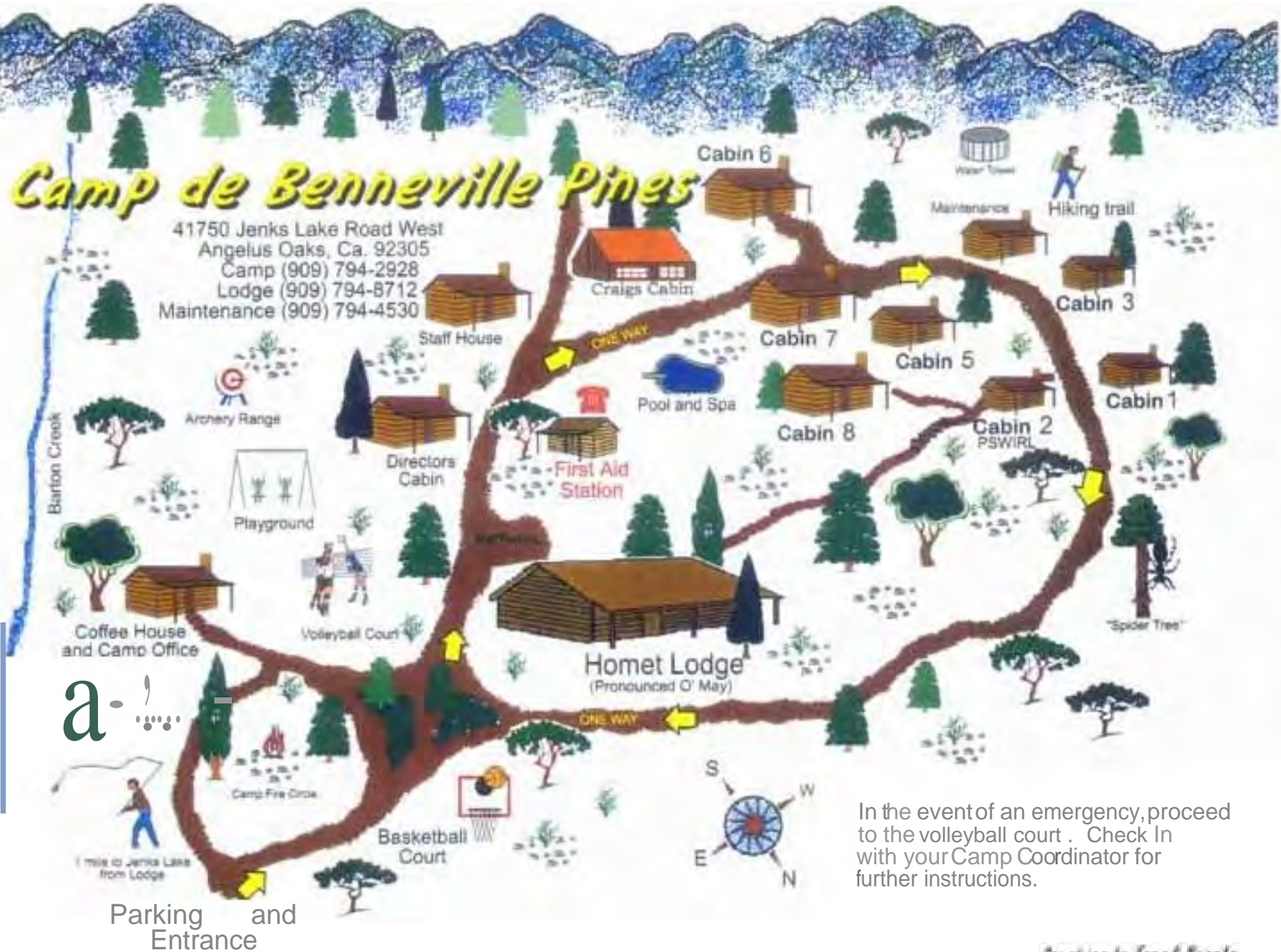
DIRECTIONS



- Arizona:** Take the I-10 West to Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **IN BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it becomes the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the instructions **IN BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 (formerly Hwy 30) East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **IN BOLD below** from Hwy 38
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Avenue. Go through the light to the next street, Lugonia/Hwy 38. Turn left. Follow the directions **IN BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left, continue to Hwy 38. Turn right. Follow the directions **IN BOLD below** from Hwy 38.
- Ventura:** Take the 26 East to the 5 South to the 14 East. Exit for Pear Blossom Hwy/138 East. Go to the I-15 South, taking the 210/30 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left. Follow the directions **IN BOLD below** from Hwy 38.
- Redlands:** From I-10, take the University exit. Turn left on University. Turn right on Lugonia/Hwy 38. **Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on Hwy 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5 ½ miles. Turn right on West Jenks Lake Road. The sign for Camp de Benneville Pines will be on the right approximately 1 ½ mile up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to West Jenks Lake Road.)**

Camp de Benneville Pines

41750 Jenks Lake Road West
Angelus Oaks, Ca. 92305
Camp (909) 794-2928
Lodge (909) 794-8712
Maintenance (909) 794-4530



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In the event of an emergency, proceed to the volleyball court. Check In with your Camp Coordinator for further instructions.