# PSWD FAMILY CAMP SUMMER 2017



CAMPER PACKET

CAMP DE BENNEVILLE PINES



July 2017

### Dear Family Campers,

In a few short weeks, we begin our 2017 Family Camp and start a new story together. We will travel from our homes across the country, up the San Bernardino Mountains, through the forest, to our beloved de Benneville Pines Camp, and into a time of sharing family, fun, and faith together.

This year we welcome you to the theme "Once Upon a Time..." It is an opportunity to tell and hear stories from fairy tales to current events, from our personal histories to our hopes for the future. We will be a camp of many stories, a menagerie of diverse backgrounds and needs. As we hear the stories of our multigenerational, multiethnic, multigender and mulitfaith gathering, we have the opportunity to create a new story of a family-centered community that can inspire us beyond camp.

I believe that stories are incredibly important, possibly in ways we don't understand, in allowing us to make sense of our lives, in allowing us to escape our lives, in giving us empathy and in creating the world that we live in.

-Neil Gaiman, Author

In our different daily workshops and worship you will find opportunities for you, your family, and our camp community to tell stories. In activities traditional to camp- archery, hiking, swimming, tie dyeing- to the projects unique to this camp, you will also find the opportunity to hear stories. And through many all-camp events listed below, we will find our common story together (days may be changed to accommodate weather):

Sunday: Welcome & Ice Cream Social

Monday: Folk Dancing & Game Night & Campfire Songs (with S'mores!)

Tuesday: Storyteller Karen Rae Kraut & Movie Night

Wednesday: Cookout and Canoes (and Kayaks) at Jenks Lake

Thursday: Variety Show

Friday: "Once Upon a Time..." Banquet & Family Dance Party

Please bring comfortable shoes for dancing at our Folk Dancing event and at our Family Dance Party. Also, for those who like to dress up, bring costumes or dress up clothes to come as your favorite character from any story, whether book or movie or Broadway show or anything else you can think of for our Once Upon a Time Banquet Night! Some folks love to bring elaborate costumes, but many put together creative costumes using things they find at camp, so don't stress!

Adding to the information in this packet, we have questions that will help you and your family prepare: What story will I tell? What am I open to hear? What story will we create? As you make your trip to camp we invite you seek out and share the stories your family wants to offer at camp

Looking forward to creating our story,

Rev. Matthew and Stephanie Funke Crary, Co-Deans

### **Information about Family Camp:**

<u>Check-in:</u> will begin on Sunday, July 30, 2017 at 2:00 pm. Meet in Homet Lodge to check-in with our staff. Please bring completed medical forms to the check-in table. Once you unload your luggage at your cabin, you are required to leave your car in the parking lot below the flag poles. The car should be facing out for a quick exit if necessary. Please keep your keys on you at all times! Bring a clip to clip your car keys to your belt loop. Bring 2 keys! We have had lost and misplaced keys in camp, and people stuck on exit day! Our first meal together will be Sunday dinner at 5:00 pm.

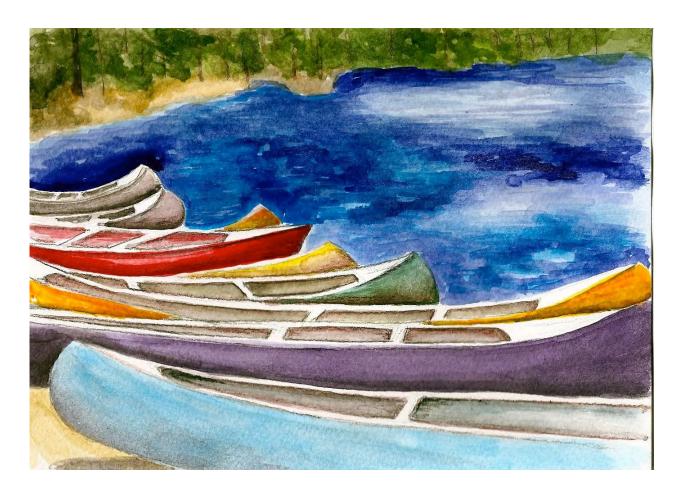
<u>Cabins</u> are comfortable, but rustic-enough that you feel like you're visiting the forest. Most families have their own room. All bathrooms are located down the hall from your room and have hot showers and flush toilets. Water conservation efforts are always practiced at camp. Please be flexible about shower times and mindful of water use. Please report leaks and/or plumbing issues to our camp liaison ASAP. Limit all showers to 5 minutes.

Plenty of snacks and family-friendly meals are provided throughout the week; however, if you have special dietary needs, you may wish to bring food to supplement what is prepared in the camp's kitchen. Any food you bring must be kept in the lodge, Craig's Cabin or Cabin 6, which have refrigerators. Do not bring any food into any of the other cabins, drop food or trash on the trails or leave any food wrappers or soda cans in your car. Food is kept in designated areas to keep the critters--including bears, raccoons and mice--out of our sleeping and playing areas. Yes, bears will look for food in your car!

At times the de Benneville staff may remind us of certain <u>safety rules</u>. Please respect their requests, as they are assuring the safety of our entire community.

<u>Childcare</u> is not provided at Family Camp. Parents are responsible for their children and for knowing where they are at all times. If you need some time off during the week to attend a workshop or activity without your children, there are often opportunities to share parenting or hire youth to babysit. There will be sign-up sheets to help organize co-operative and paid babysitting arrangements. In case of an emergency we would need you to be able to bring your children to the volleyball court in under 5 minutes.

Workshop and activity leaders are not childcare providers. During youth activities, each child between the ages of five and 12 must have an adult responsible for them at the activity. Teens may participate in activities without adult supervision as long as they remain respectful of the workshop/activity leader. Teens must know where their parents are at all times and must know what to do in an emergency. No adult may be responsible for more than 6 children (of any age) at an activity. Please help the activity leaders by ensuring that there is at least one adult for up to every six children at the activity, not including the activity leader.



Camp de Benneville Pines Canoes at Jenks Lake

### Dean's Addendum:

Additional bits and pieces from Camp de Benneville Pines you'll want to know-and we didn't mention yet.

PSWD Family Camp is a unique week at Camp de Benneville Pines. We are a living and breathing intentional community focused on family. As you will find, this can be both a messy and an amazing opportunity to be loving human beings together.

### **Staff**

We have a talented all-volunteer Program Staff, and their families, creating camp with us. Our Program Staff members have worked many hours before campers arrive to thoughtfully prepare activities for families, and will continue to work throughout the week to ensure a genuine and purposeful camp experience for everyone. Our HQ will be located in Craig's Cabin. Carey Crabbs is our Events Coordinator. Caleb Crabbs is our Outdoor Events Coordinator. Wes Crary is our Environmental Coordinator. Tom Troccoli is our Music Director. Nancy Perez is our Camp Nurse. The Rev. Susan Frederick-Gray is our Minister-of-the-Week. Geoff Anderla is the Pacific Southwest District Camping Ministries Director. We are supported by the de Benneville staff led by Janet James, the camp's Executive Director.

As a camp we do our own set-up and clean up and the de Benneville staff makes the meals, monitors the pool, provides archery, fixes any broken down thing, and maintains the beautiful grounds!

Some of our planned programming includes: morning yoga, day & night hikes, folk dancing, movie night, canoeing/kayaking, pool Olympics, tie dye, archery, youth sleepovers, arts & crafts, and much, much more!

### **Technology**

We observe limited use of technology at camp. This is partially due to the Camp's extremely limited Wi-Fi access and partially due to our intention to be present with our families. So be prepared to "unplug yourself" for the week. In a bind, some of adults simply go down the hill midweek for a couple of hours to get internet access and catch up. Please narrow children's tech usage to your individual cabins and be mindful not to bring those electronics out into the open common areas. Many families strive to get their kids "unplugged" while at camp. Remember, there is no Wi-Fi access for downloading games, music or movies.

### **Alcohol & Smoking**

Some folks choose to bring beer and wine to camp. We ask you to be mindful to keep alcohol put away and to monitor the amount you imbibe. If you are a smoker, you may only smoke on the deck of your cabin. Never smoke inside any

camp building, and never smoke out on the trail or in the forest. All cigarettes must be discarded in the cigarette container on your cabin deck.

### Fire Drill

On Monday, there is a **MANDATORY FIRE DRILL** followed by our camp group photo. No camper is exempt from participating in the fire drill (even if they are napping). The alarm is loud and can be startling to young ones who don't expect it. We'll be sure to give lots of reminders and warnings ahead of time, but please talk to your children about the drill and help them anticipate what's coming.

### Worship

Each day we offer worship in the morning and vespers in the evening. Our Minister-for-the-Week, the Reverend Susan Frederick-Gray, will be giving us many opportunities to ponder our theme, "Active Hope". These sacred blocks of reflection, while in nature are unique in a too-busy world, and allow us to ponder Reverend Susan's message, share in music led by Tom Troccoli and just be in the awesomeness of the mountain.

If you have further questions or concerns, please contact us at:

sfunkecrary@gmail.com

Reverend Matthew & Stephanie Funke Crary

2016 Family Camp Co-Deans

## Camp de Benneville Pines Camp Family Camp RULES

- 1. All persons using the camp facilities must comply with all federal, state and local laws.
- 2. There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
- 3. Do not bring non-prescription or recreational drugs (including marijuana) to camp.
- 4. Wear enclosed toe shoes or boots at all times, unless at the swimming pool.
- 5. After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in your luggage.
- 6. In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the volleyball court. Check-in with the Camp Dean or Camp Manager for further instructions.
- 7. Camp dogs are never to leave the camp premises without permission of the Camp Manager.
- 8. No weapons or guns may be brought onto the camp premises.
- 9. No explosives, flammable liquids or poisonous substances shall be brought to camp.
- 10. Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
- 11. Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
- 12. No one shall use tools, power tools or camp machinery without the permission of the Camp Management. This would include shop tools needed for craft projects.
- 13. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
- 14. Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in camp vehicles.
- 15. The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on camp property. Some exceptions may be made in the Lodge for workshop purposes.
- 16. DO NOT BRING YOUR PET TO CAMP. THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
- 17. There is no public WiFi access at camp. Please bring a Verizon Hot Spot if you need to be online.
- 18. We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. Please be careful when using facilities. We want to keep things in good order for the next group.
- 19. Please close all cabin doors to keep the critters out (and the heat inside during winter)!
- 20. Carry chains October thru May while traveling in the San Bernardino Mountains.
- 21. Bring all prescription medications in their original bottle and keep out of reach of children.
- 22. Keep an eye on your children while in camp. They are always your responsibility. Know where they are playing and what they are doing.
- 23. Swimsuits are required at the pool and hot tub.
- 24. No one under the age of 14 is allowed in the hot tub. Youth ages 14-17 must be accompanied by an adult age 25 or older at the hot tub.
- 25. Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub.
- 26. Please keep the following numbers in your wallet or pocket while in camp: Camp Manager's cell 909-435-6298; Maintenance Supervisor's cell 210-216-6125. TEXT or CALL.

## Camp de Benneville Pines

## **What to Bring**

Please pack the following items to ensure you have a safe and enjoyable time at camp:

- Hat with brim, sunglasses
- Long pants
- Long-sleeved shirts, T- Shirt
- Comfy pants
- Sweatshirt, sweater, jacket
- PJ's
- Tank top/ Shorts/ Skirts
- Clean underwear
- At least 6 pair of socks
- Two pairs of closed toed shoes suitable for hiking
- Sleeping bag or sheets & blanket
- Pillow
- Bug Spray/ repellant
- Talent show items

- 2 towels- 1 for swimming pool
- Bathing suit
- Dirty clothes bag
- Prescription meds in original med bottle
- Soap, shampoo, comb & hairbrush
- Toothbrush & toothpaste
- Sunscreen and lip balm
- Books, jokes, skits, stories, games
- Camera and fresh batteries
- Flashlight and fresh batteries
- WATER BOTTLE- to refill
- Flip flops for pool
- Costumes, silly hats, etc for Thursday banquet

\*\*Bring all white, 100% cotton item or two (2) in large ziplock baggie for tie-dying!



If you need to reach camp, here are some handy numbers: Janet James, Camp Manager, cell phone (909) 435-6298 Randy Carroll-Bradd, Camp Caretaker, cell phone (210) 216-6125 Camp Office (909) 794-2928 Camp Lodge (909) 794-8712

Camp email: <u>uucamp@aol.com</u> Camp website: www.uucamp.org

Directions on website: <a href="http://www.debenneville.org/Information/Directions2Camp.html">http://www.debenneville.org/Information/Directions2Camp.html</a>

Camp address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305

Date

## Samp Dates

Signature of Parent at Camp

Signature of Second Parent at Camp

### Emergency Information Form - for Families attending Camp de Benneville Pines

This form is required to be completed and on file with the Medical Supervisor during camp only. After camp, the form will be shredded. Camp policy does not include retaining medical records for adult or family campers. Parent (Primary Insured) at Camp First Address \_ Second Parent at Camp \_\_\_\_ \_\_\_\_ Birthdate \_\_\_ Middle Birthdate Age a camp Child Camper Middle Child Camper \_\_\_\_\_ Birthdate \_\_\_\_\_ Age at camp \_\_\_\_\_ Middle Child Camper \_\_\_ Birthdate\_\_\_\_\_ Age at camp \_\_\_\_\_ Please include any additional family members on the back Please be sure to have your health insurance card with you and accessible to the Health Supervisor at camp **Insurance Information** Is family covered by medical/hospital insurance? YES / NO Carrier/Group ID or Group# Family Physician Phone# If you have no insurance, please provide Social Security numbers for each family member at camp so that care could be obtained at the County Hospital emergency room Emergency Contact not at camp: \_\_\_\_ Relationship \_\_\_\_ Home Phone Cell phone Business phone Restrictions (indicate which family member is affected) Other (describe) \_\_\_ Does not eat: Red Meat Pork Dairy Products Poultry Seafood Eggs Explain any restrictions to activity (what cannot be done, what adaptations or limitations are necessary) Allergies & Illnesses - List all known Describe reaction and usual management of reaction If a family member requires an epi pen available at all times, please bring one to camp **Current Medications (OTC & RX)** I understand that if a family member or I become injured or ill while at camp, the Health Supervisor is authorized to determine if we require care outside the bounds of what is available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp and may only return with authorization from a physician. I have been made aware that it may take 45 minutes or more, for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it may take substantially longer. I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests to myself and my family members listed above. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization to myself or my family members. I agree to follow the safety rules of the camp and will ensure that my children also follow the rules.

### Emergency Information Form – Adults at Camp de Benneville Pines

Name	DOB
AddressC	itySTZip
Home Phone#C	ell Phone#
Medical Insurance Company	Phone#
Policy#	Group#
Emergency Contact (not at camp)	
Name	Phone#1
Phone#2	Email/SMS
My immunizations are up-to-date YES NO Date	of last tetanus shot
Known allergies to food, medication and/or anesthetics, environmental	factors (use other side for additional information):
Known medical problems/conditions and medical treatment that may b	e needed at camp (use other side for additional information):
Please list all medications; OTC & RX that you will be taking while at	ramp (use other side for additional information):
I understand that if I become injured or ill while at camp, the Health S bounds of that available in our wilderness setting. Due to de Benneville 12 hours may be asked to leave camp, and may return only with author take 45 minutes or more for paramedics to respond to a 911 emergency can take substantially longer. I agree to follow the safety rules of the contractions of the contraction of t	s isolation and elevation, any camper remaining ill for more than rization from a physician. I have been made aware that it can call. If road conditions are icy or hazardous, it
This form is for use by the Health Supervisor during camp only. After camp, it will option 1	be shredded. We do not retain medical records for adult campers.
I hereby give permission for the camp first aid person to provide routing x-rays or routine tests. I agree to the release of any records necessary I give permission to the retreat organizers or the camp staff to arrange hereby give permission to the physician selected by the retreat organization.	for treatment, referral, billing or insurance purposes. ge necessary related transportation. In the event of an emergency, I
Signature of Adult Camper/Participant	Date
Option 2	
Although I understand that my medical information is being request emergency, loss of consciousness or inability to make a decision o impossible for the Health Supervisor to provide appropriate medical information.	n my own, and that not having this information may make it
Signature of Adult Camper/Participant	Date

# Camp Dates

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Camper Name

Camper Name	First Middle	Birthdate	Age at camp
Last	First Middle		
Address			
Street Address		City	ST Zip
Custodial Parent/Guardian _		Home phone	
Cell phone		Business phone	
	Will you be out of town	while your child is at camp?	Y / N
Additional Parent/Guardian	or Emergency Contact (Required)		
Home Phone	Cell phone	Busines	s phone
If not available in an emerg	ency, notify:		Relationship
	Cell phone		
nsurance Information	Is camper covered by famil	y medical/hospital insurance	? YES / NO
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yes, carrier or group name _	Attach photocopy of front and ba	•	
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Health History Form & Authorization to Treat for children attending Camp de Benneville Pines

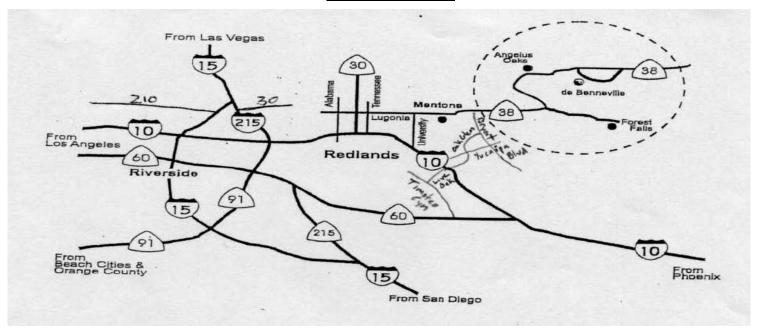
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#### Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle	one: the camper takes NO medicat	t <b>ions</b> o	n a r	routine	basis the camper <i>takes medications</i> as follows	:				
	Med #1	Dosage	e		Specific times taken each day					
	Reason for taking									
	Med #2	Dosage	Э		Specific times taken each day					
	Reason for taking									
	<u> </u>	Attac	h addi	itionalpa	ages for more medications					
Gener	al Questions (explain "yes" answers below)									
1	Had any recent injury, illness or infectious disease?	Υ /	N	16	Ever had a back problem?	Υ	/	N		
2	Have a chronic or recurring illness/condition?	Υ /	N	17	Ever had problems with joints (e.g. knees, ankles)?	Υ	/	N		
3	Ever been hospitalized?	Υ /		18	Have an orthotic appliance being brought to camp?		/			
4	Ever had surgery?	Υ /		19	Have any skin problems (e.g. itching, rash, acne)?		/			
5	Have frequent headaches?	Y /	_	20	Have diabetes?		1			
6	Ever had a head injury?	Y /	_	21	Have asthma?		/			
/	Ever been knocked unconscious?	Y /	_	22	Had mononucleosis in the past 12 months?		/			
8	Wear glasses, contacts, or protective eyewear?  Ever had frequent ear infections?	Y /		23	Had problems with diarrhea/constipation?  Have problems with sleepwalking?		/			
10	Ever passed out during or after exercise?	Y /		24 25	If female, have an abnormal menstrual history?		/			
11	Ever been dizzy during or after exercise?	Y /		26	Have a history of bed-wetting?		/			
12	Ever had seizures?	Y /	_	27	Ever had an eating disorder?		7			
13	Ever had chest pain during or after exercise?	Y /	_	28	Waived or missed any scheduled immunizations?		/			
14	Ever had high blood pressure?	Y /			·					
15	Ever been diagnosed with a heart murmur?	Y /		29	Ever had emotional difficulties for which professional help was sought?	Υ	/	N		
Please	e explain any "ves" answers, noting the nun	nber of	f the	auest	ions:					
	i para ang para ang ang ang ang ang ang ang ang ang an			1						
Name	of family physician				Phone					
					Phone					
Use th	is space to provide any additional informat	ion you	u bel	lieve th	ne camp staff should be aware of regarding the campers b	eha	vio	r and		
physic	al, emotional, or mental health:									
						_	_			
	Authorization to Tr	eat [	Our	ing T	Fransportation/Carpooling to Camp					
My ch camp once conta	is not responsible for the safety of my child my child checks out of camp on the final d	d until ay, the rpool to	my o cam	child hand is not a from	neville Pines near Angelus Oaks, California. I understand as been properly checked in at the time of registration. Fu o longer responsible for the safety of my child. Unless oth camp with the following adults (please include names of	ırthe erw	erm ise	ore,		
Name	9		H	ome F	PhoneCell Phone					
	9									
					Phone Cell Phone					
Name					Phone Cell Phone					
I here my ch of my name the U	nild/ward; and in the event I cannot be read to child/ward to hospitalize, secure proper to	ached i treatme I reco sible fo	ected in ar ent f gnize or pe	d by my n emer for, and e that rsons	y child/ward's driver to order x-rays, routine tests and treat gency, I hereby give permission to the physician selected to order injection and/or anesthesia and/or surgery for neither de Benneville Pines, Inc., nor the Pacific Southw car pooling to or from camp.	tmer d by my vest	nt fo the chi Di	or e drivei ild/ward strict of		
To Ca	To Camp - PhoneAlternate Phone					_				
From	Camp - Phone				Alternate Phone			_		

### **DIRECTIONS**



**Arizona:** Take the I-10 West to Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the

directions IN BOLD below from Hwy 38.

**Orange Co:** Take the 91 Freeway toward Riverside until it becomes the I-215 East toward San Bernardino. Take

the I-10 East to Redlands. Follow the instructions **IN BOLD below** from Redlands.

**Las Vegas**: Take the I-15 South to San Bernardino. Take the 210 (formerly Hwy 30) East to Redlands. Exit at

San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the

directions IN BOLD below from Hwy 38

San Fernando Valley: Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Avenue. Go through the light to the next street, Lugonia/Hwy 38. Turn left. Follow the directions **IN BOLD below** from Hwy 38.

San Diego:

Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left, continue to Hwy 38. Turn right. Follow the directions **IN BOLD below** from Hwy 38.

Ventura:

Take the 26 East to the 5 South to the 14 East. Exit for Pear Blossom Hwy/138 East. Go to the I-15 South, taking the 210/30 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left. Follow the directions **IN BOLD below** from Hwy 38.

**Redlands**: From I-10, take the University exit. Turn left on University. Turn right on Lugonia/Hwy 38.

Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on Hwy 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another  $5\frac{1}{2}$  miles. Turn right on West Jenks Lake Road. The sign for Camp de Benneville Pines will be on the right approximately  $1\frac{1}{2}$  mile up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to West Jenks Lake Road.)

