Thanksgiving Celebration November 23-26, 2017



Camp de Benneville Pines

Angelus Oaks, California

November 10, 2017

Dear Thanksgiving Family Campers:

I look forward to seeing you in the pines—one and all! We've got some fun activities planned this holiday season and plenty of unstructured time for spending with family. **PACK YOUR CHAINS.** There is no place to purchase chains up on the mountain top, so please come prepared with 4-wheel drive or chains and tensioners (remember last year's snow storm?)

Exciting news! Sophia Uehara, longtime Thanksgiving Camper, is now studying Film and TV at NYU, and she'll be bringing her gear to capture the *spirit of de Benneville Pines*, the memories made at Camp, and the impact Camp has made on so many campers over the years.

Her project coincides with the beginning of the **Camp Memory Project**, borne at Adult Summer Camp 2017. As author/keynote speaker Chris Epting shared last summer: "There's an energy at Camp that is so powerful. It's the charge that remains after an amazing memory has been made. Sometimes I walk around the camp by myself and imagine what's happened here over the past 60 years – the impact that Camp has made on so many people. I can feel it."

So, my dear campers, please ponder: What has happened to YOU at camp? And how has that experience changed your life? We'll be encouraging reflective writing and storytelling. And if you're comfortable, we may even capture you on "film" as you share your thoughts over the weekend.

The draft schedule is attached, and as you can see, we are in need of additional workshops and activities. Thanksgiving Camp is a time when we all pitch in and share an activity, game or workshop. I'd love to hear from you and get your activity onto the schedule ahead of time. Holiday ornaments, anyone? Feel free to contact me with your workshop ideas at iacki.weber@gmail.com or come prepared for your activity or event and we will add you to the master schedule upon arrival.

Note: traditional workshops and activities that need a host are in YELLOW, and there's lots of open space throughout the schedule as well.

Aside from planned activities, here are some things you might want to bring:

- Cotton items for tie-dye! You can tie-dye anything from t-shirts to pillow cases. I will have some blank unisex t-shirts and infant onesies for sale for \$5, as well as some cute women's shirts for \$15. Bring cash.
- Got tired and aching bones? Massage therapist Shawna McClure, who has joined us the past few years, will be up at camp again reinvigorating the weary and relaxing the stressed!
- Good munchies to share on the "Munchies Table" -- bring your Trader Joe's favorites, holiday chocolates, and cookies!
- Musical instruments
- Knitting/crocheting projects
- Something you might want to share at the talent show
- Journal, pen, book
- Photos/scrapbooking supplies
- A tip or gift card for the camp staff who spent their holiday weekend cooking and cleaning for us!
 - Something for potluck on Wednesday/Thursday morning. To facilitate, I've created a <u>Wednesday dinner</u> signup here. You are welcome to use the microwave in the lodge or Craig's to heat up your food. It seems we have 40 people coming early!
 - Our first camp meal (Thanksgiving dinner) will be 4pm on Thursday.

If you are arriving on Wednesday, you will find your room assignment posted in the Lodge. Be sure to go through the check-in process on Thursday between 12 and 4 pm. You must fill out and hand in a health form. Use the Family Form if you have more than 1 person in your group and you are related.

Feel free to arrive at any time on Thursday, however, plan some snacks or a picnic lunch to hold you over.

Looking forward to seeing you soon, Jacki Weber, Thanksgiving Dean

PS - Remember, if rain is predicted for the holiday weekend, then we will get snow at camp! Pack warm gear and heavy coat.

Thanksgiving Holiday Celebration

Thursday, November 23 through Sunday, November 26, 2017 Schedule

Wednesday TIME 6p to 8p Potluck Dinner - Signup online **Thursday** TIME **ADDITIONAL ACTIVITES** LODGE Nametags - Self-Directed -10-11:30 need a table monitor Forsee Creek Hike - Leader 11:30-3:30 Check-in - Camp Staff Hand Reflexology - Shawna Table Centerpieces - TBD 1:00-3:30 Ides - Coffee House Social Hour 3:30-4:30 Dinner Setup - All 4:00-4:30 Thanksgiving Feast! 4:30-5:30 Camp Bonding Activity -6:00-7:00 7:00 on Game Night 11:00 on Quiet Time - Cool to hang out in the Lodge Friday TIME **ADDITIONAL ACTIVITES** LODGE Meditation - John Holl -7:30-8:15 Coffee House 8:15-8:30 Meal Setup: Cabins 1 & 8 Breakfast 8:30-9:15 Archery - Camp Staff Forsee Creek Trail Hike - Bill Tie-Dye - Brunell and 9:30-10:45 Mosaics - Louise Klatt **Archery Range** Damerell - Crafts Area Damerell Stress Management/Self Camp Memory Project -11-12:15 Coloring - Karen Quinn Care - Jennifer Mason -Sophia - Coffee House Meal Setup: Cabins 6 & 7 12:15-12:30 12:30-1:15 Lunch Co-Creative Stories -Jewelrymaking - Catie 1:30-3:00 Tie-Dye - Amy Brunell and Richard Roller - Coffee Grasso Archery - Camp Staff Sharon Damerell - Crafts **Archery Range** Candlemaking - Kathryn Area Camp Walkaround - TBD 3:15-4:45 Deal 5:00-6:00 Social Hour/Cookie Decorating - TBD Meal Setup: Cabins 3 & 5 5:45-6:00 Dinner 6:00-7:00 7:00-9:00 Bingo w/Prizes - Cole Family Movie TBD 9:00-11:00 **Unstructured Games** 11:00 on Quiet Time - Cool to hang out in the Lodge

Saturday							
TIME	LODGE	ADDITIONAL ACTIVITES					
7:30-8:15		Meditation - John Holl - Coffee House					
8:15-8:30		Meal Setup: Craig's Cabin					
8:30-9:15		Breakfast					
9:30 sharp		Camp Photo - Firepit - Ross					
9:45-11	Mosaics - Part 2 - Louise	Talk with the Doc - Ross Quinn - Coffee House	Hike TBD	Archery - Camp Staff Archery Range			
11-12:15	Klatt	Camp Memory Project - Sophia - Coffee House					
12:15-12:30		Meal Setup: Cabins 1, 5 & 6					
12:30-1:15		Lunch					
1:30-3:00	Candlemaking - Kathryn Deal	Camp Memory Project - Sophia - Coffee House	Hike TBD - Bill Damerell				
3:15-4:45		Laughter Yoga - Jennifer Mason - Coffee House		Tea and Chat - Craig's Cabin - Catriona Livinstone			
5:00-6:00		Social Hour					
5:45-6:00		Meal Setup: Cabins 3, 7 & 8					
6:00-7:00		Dinner					
7:00-7:30		Talent Show Setup					
7:30-9-ish		Talent Show -MC TBD					
9:ooish	S'mores - Coordinator TBD						
11:00 on		Quiet Time - Cool to hang out in the Lodge					
Sunday							
TIME	LODGE	ADDITIONAL ACTIVITES					
7:30-8:15		Meditation - John Holl - Coffee House					
8:15-8:30		Meal Setup: Craig's Cabin					
8:30-9:30		Breakfast					
10:00-11:00	Closing Service	Could push closing to 11am if people have activities they want to lead!					

Camp de Benneville Pines RULES

- 1) All persons using the Camp facilities must comply with all federal, state and local laws.
- 2) There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
- 3) Do not bring non-prescription or recreational drugs (including marijuana) to Camp.
- 4) Wear enclosed shoes or boots at all times, unless at the swimming pool.
- 5) After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave Camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in luggage.
- 6) In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Manager for further instructions.
- 7) Camp dogs are never to leave the camp premises without permission of the Camp Manager.
- No weapons or guns may be brought onto the Camp premises.
- 9) No explosives, flammable liquids or poisonous substances shall be brought to Camp.
- 10) Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
- 11) Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
- 12) No one shall use tools, power tools or Camp machinery without the permission of the Camp Management. This would include tools needed for craft projects.
- 13) All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
- 14) Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.
- 15) The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on Camp property. Some exceptions may be made in the Lodge for workshop purposes.
- 16) **DO NOT BRING YOUR PET TO CAMP.** THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
- 17) There is very limited WiFi access in Camp. We are on a shared broadband system, and using the system to download music, movies or games is not allowed. When we exceed our allowed usage, the broadband is slowed down to dial up speed. Time to unplug and enjoy Camp and all the fun activities! Leave your computer work for when you get back home. Hike a trail, go canoeing, read a book—unplug!
- 18) We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. We want to keep things in good order for the next group.
- 19) Please close all cabin doors to keep the heat in and the critters out!
- 20) Carry chains October May while traveling in the San Bernardino Mountains.
- 21) Bring all prescription medications in their original bottle and keep out of reach of children.
- 22) Keep an eye on your children while in Camp. They are always your responsibility. Know where they are playing and what they are doing.
- 23) Swimsuits are required at the pool and hot tub.
- 24) No one under the age of 14 may ever be in the hot tub.
- 25) Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub.

 Please keep the following numbers in your wallet or pocket while in Camp: Camp Manager Janet James' cell 909-435-6298; Maintenance Supervisor Frank Haahr's cell 760-600-6012. TEXT or CALL either number.

Winter Camp

What to Bring

Please pack the following items to ensure you have a warm and enjoyable time at camp:

- Warm, waterproof jacket(s)
- Mittens
- Knit cap(s)
- Scarf
- Snow pants
- Long pants
- Long-sleeved shirts
- Sweatpants
- Sweatshirts
- Warm PJ's
- Underwear and at least 5 pair of warm socks (wool or acrylic)
- 2 pairs waterproof shoes/boots
- Sleeping bag
- Pillow
- Blankets
- 2 towels
- Dirty clothes bag
- Prescription meds in original med bottle
- Soap, shampoo, comb & hairbrush
- Toothbrush & toothpaste
- Lotion, sunscreen, lip balm
- Favorite music, instruments
- Funny hats & costumes
- Books, jokes, skits, stories, games
- Camera and fresh batteries
- Flashlight and fresh batteries
- Snow sleds
- Bike helmet with your name on it (for sledding)
- Chains!

If you need to reach camp, here are some handy numbers:

Janet James, Camp Manager, cell phone (909) 435-6298

Camp Office (909) 794-2928 Camp Lodge (909) 794-8712

Camp email: <u>uucamp@aol.com</u> Camp website: www.uucamp.org

Directions on website: http://www.debenneville.org/Information/Directions2Camp.html

Name	DOB		
Address	City/State		
Home Phone			
Email			
Please initial each Rele	ease below and submit to camp as part of	the check-in process	
Medical Release			
(initial) I understand that if I become in outside the bounds of that available in our wildowner than 12 hours may be asked to leave car it can take 45 minutes or more for paramedics substantially longer. I agree to follow the safety	mp, and may return only with authorization fro s to respond to a 911 emergency call. If road	n and elevation, any camper remaining ill form a physician. I have been made aware that	
(initial) I hereby give permission for the including ordering x -rays or routine tests. I appurposes.	e camp Health Supervisor to provide routine he gree to the release of any records necessar		
(initial) I give permission to the retreat an emergency, I hereby give permission to the treatment, including hospitalization.	t organizers or the camp staff to arrange nece he physician selected by the retreat organiz		
Release of Liability			
(initial) I waive and release all claims engaging in camp activities. This discharges in though that liability may arise out of their neglig assume the risk. This waiver, release and assume the risk.	ence. I know that being in a forest retreat setti	ployees and other agents from liability ever ing involves a risk of accidents, and I willingly	
Release of Contact Information			
(initial) I understand my contact inform all year long. Camp will not share any informat	nation above will be shared with Camp so they ion with third-party entities, ever.	can keep me in the loop on what's happening	
Photo Release			
(initial) I give permission and consenduring camp session activities. I further give permission and consenduring camp session activities. I further give permission and its agents to illustrate Camp will not identify Campers by name without	e and promote the camp experience, Camp d	raphs may be published and used by Camp	
Emergency Information – all information	n below will be shredded after camp. We do n	ot retain medical records for campers	
Medical Insurance Company	Phone #		
Policy#	Group #		
Emergency Contact (not at camp)			
Name	Phone #1		
Phone #2			
My immunizations are up to date YES NO	Date of last tetanus shot		
Known allergies to food, medication and/or and	esthetics, environmental factors (use other sid	de for additional information)	
Known medical problems/conditions and medic	cal treatment that may be needed at camp (us	se other side for additional information)	
Please list all medications (OTC & RX) that you	u will be taking while at camp (use other side	for additional information)	
		Dut	
Signature		Date	

Date

Samp Dates

Emergency Information Form – Adults at Camp de Benneville Pines

Name_		DOB			
Address	City	STZip			
Home Phone#	Cell Phone#				
Medical Insurance Company	Phone#				
Policy#	Group#				
Emergency Contact (not at camp)					
Name	Phone#1				
Phone#2	Email/SMS				
My immunizations are up-to-date YES NO	Date of last tetanus shot _				
Know n allergies to food, medication and/or anesthetics, environment	nental factors (use other si	de for additional information):			
Know n medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information):					
Please list all medications; OTC & RX that you will be taking while at camp (use other side for additional information):					
I understand that if I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.					
This form is for use by the Health Supervisor during camp only. After camp, Option 1	it will be shredded. We do no	t retain medical records for adult campers.			
I hereby give permission for the camp first aid person to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization.					
Signature of Adult Camper/Participant		Date			
Option 2					
Although I understand that my medical information is being requested only so that medical treatment can be provided in case of an emergency, loss of consciousness or inability to make a decision on my own, and that not having this information may make it impossible for the Health Supervisor to provide appropriate medical care, I wish to decline to provide the requested medical information.					
Signature of Adult Camper/Participant		Date			

Winter Travel to Camp

Before beginning a trip to camp, please review the following suggestions offered by Cal Trans and the California Highway Patrol to help promote safe winter travel:

- ❖ When planning a trip Before you leave you should know where you are going. Check on the road conditions. Plan your route. Make sure your car is winterized. Buy or rent the correct sized chains to fit your vehicle. Check antifreeze for colder temperatures, brakes, windshield wipers, defroster heater and exhaust system. Make sure your tires have good tread for added traction on icy roads.
- ❖ Emergency items Consider carrying the following items in your vehicle: flashlight with good batteries, deicer or ice scraper, gloves, an old jacket (should you need to be on the ground installing chains), a plastic garbage bag to kneel on, a small broom to brush snow from your car, a shovel, sand or kitty litter for traction, warm blanket, thermos with hot beverage and a few candy or snackbars.
- ❖ Driving tips Be especially observant of road conditions. Watch out for snow removal equipment, and never attempt to pass snowplows in the unplowed lanes. Safe speeds on dry roads can be deadly on icy and snowy roads. Adjust your speed limit to match conditions. Observe speed limits. Chain control speed limit is 25 mph except where posted. Highway 38 from Angelus Oaks to camp can be very icy. Much of the highway is shaded in the late afternoon, so ice can form on the road before nightfall. Allow plenty of drive time. Keep your gas tank full in case you experience delays or need to make unexpected detours. When stopping on winter roads, never apply brakes suddenly. Pump them gently to avoid locking the wheels. Use a lower gear if possible to slow down. Leave plenty of stopping room between you and the car in front of you. Always make sure everyone in the car has their seat belt buckled.
- ❖ Chains are a fact of life You must stop and put on chains when highway signs indicate that chains are required. There is about a mile between the "Chains Required" sign and the check point where you will be required to stop to install your chains. Failure to install the chains is a citable offense. Conversely, when you are removing your chains, drive beyond the "End of Chain Control" sign to an appropriate pull-off area. Try to install chains on a flat or level surface.

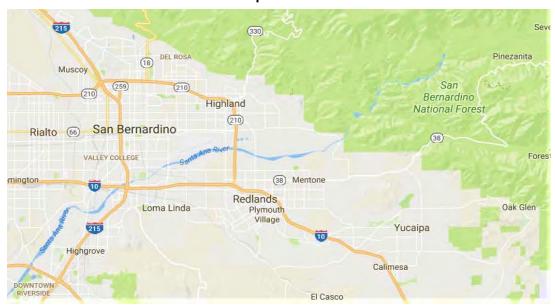
If you use the services of a chain installer, make sure you get a receipt and then write the installer's badge number on it. Chain installers are independent business people and are not employed by Cal Trans. They set their own rates, which generally run between \$20 and \$25 per vehicle. Chain installers are not allowed to sell or rent chains, so be prepared with chains prior to driving up into the mountains. Many stores sell chains (Pep Boys, Wal-Mart, Auto Zone, etc.) It is a good idea to practice installing your chains before leaving home.

Remember to put chains on front tires for front-wheel drive vehicles, rear tires for rear-wheel drive vehicles.

DO NOT ATTEMPT TO ENTER THE CAMP'S DRIVEWAY WITHOUT CHAINS IF THE "CHAINS REQUIRED" SIGN IS POSTED AT THE ENTRANCE INTO CAMP. Only four-wheel drive vehicles can make it into camp without chains. Do not install chains in the camp's driveway. Please do not block traffic.

- ❖ Chain Requirement Code R2: Chains required on all vehicles except four-wheel drive vehicles. All two-wheel drive vehicles must install chains. Four-wheel drive vehicles with mud-and-snow tires may proceed as long as they are carrying chains. R3: Chains required on ALL vehicles. No exceptions. This is a rare occurrence in the San Bernardino Mountains, come prepared! CARRY CHAINS! CARRY CHAIN TENSIONERS!
- For current road conditions, call 800-427-7623 or log-on to www.dot.ca.gov/hq/roadinfo/
- **❖** Camp telephone numbers: Office: 909-794-2928 Lodge: 909-794-8712 Camp Director: 909-435-6298
- Camp Director's email address: uucamp@aol.com Camp website: www.uucamp.org

DIRECTIONS to Camp de Benneville Pines



Arizona:

Take the I-10 West to Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.

Orange Co:

Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in BOLD below from Redlands.

Las Vegas:

Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in BOLD below from Hwy 38.

Valley:

San Fernando Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in BOLD below from Hwy 38.

San Diego:

Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in BOLD below from Hwy 38.

Ventura:

Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in BOLD below from Hwy 38.

Redlands:

From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in BOLD below from Hwy 38.

From Hwy 83: Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

