

Senior High Winter Youth Camp 2018-2019



Youth Deans: Tanner Linden & Tim Holmes

Adult Deans: Sequoia Prindle & Riley Brazell

December 27, 2018 to January 1, 2019

Camp de Benneville Pines

Angelus Oaks, CA



Hello Dear Campers!

We are filled with excitement that you are coming to Camp Luuve Story! Camp is approaching fast, and it will be here before you know it! We are looking forward to a wonderful week of programming rooted in community building, spirituality, relationship exploration, and fun.

Love is something that connects us all. Unitarian Universalists, especially the youth, recognize that love is not just a term for romance but an identifier for deep emotions that no other word or phrase can express. Camp Luuve Story will be the perfect place for UU youth to explore this rich concept because of their mutual love for camp and all the deep spiritual connections that have been made and will be made at camp. Today's world is a challenging one for love, but, as the world's future, youth are the perfect group to explore and find what love truly means for them and how they can spread it to everyone they meet.

We ask that you come to camp ready to expand your understanding of the ways in which love, and relationships manifest themselves and ready to discover new things about yourself and the campers around you. Most importantly, this camp is YOUR camp. We want to empower you to contribute to our programming. You may lead a workshop, perform in the talent show, be a contestant in Winter Olympics, or join our Chaplain Training program. Chaplain Training will give you the skills to be an ally to those in need and the ability to become a community Chaplain at district Conferences and Camps at de Benneville. There are so many ways to get involved!

This week will include some very important special events. We invite you to bring any items that you want to sell in the camp auction. It could be a handmade craft, an old board game, or even a service that you would like to provide! All money goes to the camp scholarship fund, so don't be afraid to step up! We will also have a talent show, and we are excited to see what each of you has to share. Acts in the past have included musical performances, poetry readings, joke sessions, and magic tricks, but the sky's the limit! We are excited to see how you will channel your unique creativity into your talent show act or auction item! As it is very cold at camp this time of year, please bring warm and water-resistant clothes, and lots of layers. Check the camp packing list (in the camper packet) and the weather for Angelus Oaks before you leave home. Also, it is extremely important to stay hydrated at such a high altitude, so do not forget to bring a reusable water bottle with your name on it. Don't forget to pack fancy clothes if you would like to dress up for our New Year's Eve dance!

You also need to bring your signed "youth code of conduct" agreement, your parent signed "authorization to treat minors" health form (both found in the camper packet), and all medications. You should plan on arriving at camp between 2:00 - 5:00 pm on Thursday, December 27th. This will give you lots of time to get settled and meet your cabin mates before dinner and opening. Pick-up is on Tuesday, January 1st between 11:00 am and 12:00 pm. Please be aware of the road conditions, as snow chains may be required for drivers, and leave plenty of time for travel!

We cannot wait to see each and every one of you at camp,

Tanner, Tim, Sequoia, and Riley

Sr. High Camp Winter 2018

Arrival and Departure Times:

Check in will be from 2:00 PM to 5:00 PM on Thursday, December 27, 2018. Please be sure to bring all completed forms with you at that time.

If your camper is riding with another family, be doubly sure that all the forms are completed and that they arrive with your child. No one may remain in camp without all forms completed and signed by his/her parent or guardian.

Please pick up your camper between 11:00 AM and 12:00 PM on Tuesday, January 1, 2019. **Attending the camp closing is an important part of the camp experience. Please do not pull your camper out of the closing. Coffee and restrooms are available at the lodge if you arrive before the closing has finished.** The last meal served will be breakfast on the 1st so please feel free to pack a snack or lunch for your camper to enjoy in the car. Camp does provide snacks at check-out. There will be no supervision provided after 12:00 PM on the day of departure. **If you arrive early, please hang out in the lodge. Closing for high school youth is a sacred and sometimes very emotional experience so parental involvement would not be appropriate.**

Arranging Transportation:

If your camper needs a ride to camp or you can offer another camper a ride, please send a message explaining your need or the area you can offer a ride to or from to the registrar in the camp office (909) 794-1252 or registrar@uucamp.org. They will be happy to send your request and contact information out via an email message to other campers attending from your area.

Health and Safety:

Enclosed are several forms. **The forms must be filled out completely.** No camper may check in without having **ALL** forms completed and signed by a parent or guardian. Please fill out the appropriate health form. Two choices are included in this packet. **NO EXCEPTIONS.** Campers without completed forms will not be allowed to stay at camp.

de Benneville Pines Camp Policy:

We provide a safe and fun community for youth and staff. Disruptive items and behavior threaten the peace and safety of the community. We therefore have rules that we ask all campers and staff to adhere to. Campers and staff are expected to abide by these rules or they will be sent home. Please review with your camper the "Youth Camp Behavior Policies" included in this packet, then have your camper read and sign the "Camp Covenant". The guidelines and rules will be reviewed on the first day of camp.

Registration Refund Policy:

Should your camper need to cancel prior to arrival for any reason, the \$75 deposit is non-refundable. If your camper needs to leave camp early for any reason, the full camp fee is non-refundable.

Theft and Missing Articles Policy:

Neither the camp, nor its employees will be held financially responsible for any lost or stolen clothing, articles, or money. Please send only used or worn equipment to camp. We encourage campers to leave valuable items and new clothing at home. Should your camper tend to misplace things, please mark their name on all items. Any Lost & Found articles are held at camp for four (4) weeks and will be shipped at the owner's expense. All unclaimed Lost & Found items will be donated to local low-income families.

Telephone Policy:

Teens and cell phones are just a part of life these days and we don't expect anyone to leave their cell phone at home. We want to UNPLUG this week at camp. We fully expect campers to NOT be on their phones during any programming. Staff reserves the right to confiscate a cell phone and give it back at the end of the week if we feel this policy is being abused.

Please allow your camper to adjust to camp without phone calls from home. Campers are rarely near a phone and it can be difficult to locate them quickly. Non-emergency calls are highly discouraged. Please do not ask your camper to call home routinely. Unnecessary phone calls can disrupt your camper's emotional state and make him/her homesick. Encourage your camper to write postcards or letters and send them mail from home. If you have an emergency, please call the camp office at 909-794-2928.

Camp Store:

The de Benneville Trading Post sells souvenirs, sundries, camp shirts and snacks. It will be open for a short time each day. The store will be open during check in and check out for the convenience of parents and campers. Camp T-shirts and sweatshirts can be purchased at that time. Campers will receive a camp photo upon check out. The cost is included in the registration fee.

If you have any questions or need clarification about the policies and procedures in this packet, please feel free to contact Geoff Anderla, the Camping Ministries Director at cmd@uucamp.org or 623-252-5619.



Camper Profiles

Camper Profiles are being collected electronically. It is very important that this online form is filled out and returned over the next couple of days, so the adult leadership has plenty of time to review your youth's information. We want your youth to be as comfortable as possible while at camp, and the Camper Profile gives us insight into life changes, special issues, needs and fears.

Please fill out form at the link below:

<https://uu.camp/2018Profile>



**Do you have a fun activity or skill
you want to share with the community?**

Lead a workshop at Camp Luuve Story!

Workshop examples:

- Arts & Crafts
- Discussion based activities
- Exercise/yoga

Choose from over ten available time slots!



www.luuvestory.camp/workshops

CHAPLAIN TRAINING

Learn to listen with love

DO YOU LUUVE CAMP?

Are you looking for a way to give back to the community? Are you someone who your peers look to for support? Do you value the support you get in UU communities? Are raps your favorite camp event? If you answered "yes" or are curious about any of these consider Chaplain Training!

WHY TAKE CHAPLAIN TRAINING?

During our time together participants will explore how to deepen community using covenant, the right relations process, and one on one support skills. Youth Chaplains are so important to camps and cons as they have the skills to work in teams to support our beloved community. This program is a bonding experience for many participants as they discover new skills and deepen relationships with each other.

DETAILS

- \$35 per participant (scholarships available)
- Register at <https://uu.camp/Chaplain>

QUESTIONS?

- Mary Carter-Vail, adult lead (760) 519-9226
- Tyler Dettloff, youth lead (909) 488-2246

OUR ACTION PLAN

Upon completion, chaplains are equipped with the skills needed to be on the chaplain team at PSWD Camp or Cons. Participation in all of the training is required to be recommended to the PSWD leadership for being on a Chaplain team. Youth who complete the training can choose to apply for being part of a chaplain team at future events.



CAMP DE BENNEVILLE YOUTH CAMP BEHAVIOR POLICIES

1. Most camper housing is in single-gender cabins at this camp unless your youth has parental permission to be in the gender-neutral cabin.
2. Curfew is defined as the time after which all campers are to be in their own cabins. Curfew for Sr. High camp is 12:00 AM To 7:30 AM.
3. Campers may not leave the campgrounds at any time during camp without the permission and supervision of adult staff. No group smaller than four people may leave the premises for any reason.
4. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. Use of a camp landline and/or wood burning stove requires adult permission and supervision. There is no use of the First Aid Station without the supervision of the nurse.
5. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members. Any visits must be pre-arranged and approved by the Dean and/or Camping Ministries Director. All pre-arranged visitors must check-in upon arrival and wear a VISITOR BADGE while in camp.
6. Attendance at workshops, worships and meals is expected.
7. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. NO PRANKS.
8. Dangerous or disruptive behavior of any kind will not be tolerated; any camper engaging in such will be immediately sent home. This includes the use of rude and abusive language.
9. **Closed toed shoes must be worn when a camper is outdoors.** Open toed shoes are only permitted in showers and at the pool. Campers may walk to and from the pool in open toed shoes yet carry closed toe shoes with them in case of emergency evacuation, or schedule change.
10. No tree climbing or rock throwing.
11. No youth camper may use the hot tub at any time, under any circumstances. Proper swimsuit attire is required for swimming; no street clothes are permitted in the pool.
12. No one is allowed in the kitchen without a valid food handler's card.
13. No drugs, alcohol or weapons are allowed at camp. All prescription and over-the-counter medications must be turned in to our Camp Nurse during camp check-in. The use of all medications is to be monitored by the camp health professional and adult staff. Medications must be in their original packaging.
14. Campers may not engage in sexual activities while at camp.
15. Youth Camps are SMOKE FREE. Campers and staff may not smoke at camp. This includes vape pens and e-cigarettes.
16. No hair dye or permanent inks or hennas allowed inside cabin bedrooms, bathrooms or kitchens. Use only at the arts/crafts area.

Any camper unable to abide by these policies will be asked to leave camp immediately, without benefit of any refund, and may be restricted from participating in future camp events.

Camp de Benneville Pines RULES

- 1) All persons using the Camp facilities must comply with all federal, state and local laws.
- 2) There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
- 3) Do not bring non-prescription or recreational drugs (including marijuana) to Camp.
- 4) Wear enclosed shoes or boots at all times, unless at the swimming pool.
- 5) After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave Camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in luggage.
- 6) In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Manager for further instructions.
- 7) Camp dogs are never to leave the camp premises without permission of the Camp Manager.
- 8) No weapons or guns may be brought onto the Camp premises.
- 9) No explosives, flammable liquids or poisonous substances shall be brought to Camp.
- 10) Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
- 11) Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
- 12) No one shall use tools, power tools or Camp machinery without the permission of the Camp Management. This would include tools needed for craft projects.
- 13) All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
- 14) Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.
- 15) The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on Camp property. Some exceptions may be made in the Lodge for workshop purposes.
- 16) **DO NOT BRING YOUR PET TO CAMP.** THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
- 17) There is very limited WiFi access in Camp. We are on a shared broadband system, and using the system to download music, movies or games is not allowed. When we exceed our allowed usage, the broadband is slowed down to dial up speed. Time to unplug and enjoy Camp and all the fun activities! Leave your computer work for when you get back home. Hike a trail, go canoeing, read a book—unplug!
- 18) We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. We want to keep things in good order for the next group.
- 19) Please close all cabin doors to keep the heat in and the critters out!
- 20) Carry chains October – May while traveling in the San Bernardino Mountains.
- 21) Bring all prescription medications in their original bottle and keep out of reach of children.
- 22) Keep an eye on your children while in Camp. They are always your responsibility. Know where they are playing and what they are doing.
- 23) **Swimsuits are required at the pool and hot tub.**
- 24) No one under the age of 14 may ever be in the hot tub.
- 25) Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub. Please keep the following numbers in your wallet or pocket while in Camp: Camp Manager Janet James' cell 909-435-6298; Maintenance Supervisor Frank Haahr's cell 760-600-6012. TEXT or CALL either number.

YOUTH CODE OF CONDUCT AGREEMENT - Sr High Winter 2018

I have read and understand the rules of camp and agree to abide by them while in attendance at camp. I agree to accept established consequences in the unfortunate event I violate these rules or engage in any activity or behavior which is disruptive to the camp community. Furthermore, I pledge to be an active participant in the building and nurturing of a loving spiritual community and to conduct myself in a manner which is respectful of myself and others.

(Camper Sign Here)	(Today's Date)	(Age)	(Birthday)
Signature of Camper	Date	Age	Birth date
Camper Email: (Camper Email Here)		Camper Cell: (Camper Cell Here)	

PARENT ACCOUNTABILITY STATEMENT

I am aware my child/ward will be attending the Sr High Winter Camp between the dates of December 27, 2018 - January 1, 2019. As parent/guardian of, _____ . I have completely read and understand the rules for camp and am aware that there are set consequences for the violation of these rules. I agree that if my child does not comply with the rules of camp as published and posted at camp, I will arrange for the prompt departure of my child without refund of any camp fees. *Furthermore, should my child be responsible for damaging the camp, its equipment, or the property of another camper, I will pay to replace or repair said property.*

(Parent Sign Here)	(Today's Date)
Signature Parent/Guardian	Date
Email: (Parent Email Address Here)	

I am also signing above stating that should my child, for any reason, need to be sent home prior to the closing date/time of camp, and I am not available to pick up my child, the name of the responsible adult with whom the camp staff may release my child is the table below and I also certify that I have contacted the alternate contact below and they have agreed to be responsible in my absence.

(Alternative Contact Name Here)	(Relationship to Camper)
Full Name of Adult in case of Parent/Guardian not available	Relationship
Best Contact Phone Number(s): (Alternative Contact Phone Number Here)	

Attention Parents! During some past teen events youth have gotten creative and cut their hair or dyed it with creative colors. This event seems to be something that spontaneously takes place and can be a very empowering experience for youth and their peers. Although hair cutting and dying are not camp sponsored activities, we want you to know that it can organically occur during free time. Should you have great anxiety over your youth changing their hair while at camp, we suggest you sit and talk with them before they arrive to camp so that they understand your thoughts and feelings on the matter. _____ Initial Here

Emergency Information and Release Form for Youth Attending Camp de Benneville Pines

Name _____ DOB _____ Age at camp _____

Address _____ City/State _____ Zip _____

Custodial Parent _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Gender: Male ___ Female ___ Gender Neutral ___ Will you be out of town while your child is at camp? YES / NO

Additional Parent/Guardian or Emergency Contact (required) _____

Home Phone _____ Cell Phone _____ Email _____

If not available, Notify: _____ Relationship _____

Home Phone _____ Cell Phone _____ Email _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) Parent/Guardian Authorizations: The attached health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted below. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the child named above. This complete form may be photocopied for trips out of camp.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

Emergency Information

Medical Insurance Company _____ (attach a photocopy of front and back of health insurance card to form)

Policy # _____ Group # _____

Restrictions: Red Meat Pork Dairy Products Poultry Seafood Eggs (circle all that apply) Other _____

Explain any restrictions to activity: what cannot be done, what adaptations or limitations are necessary (use other side for additional information) _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information) _____

Describe reaction and usual management of reaction (use other side for additional information) _____

Signature _____ Date _____

Camp Dates _____

Cabin _____

Camper Name _____

Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle one: the camper **takes NO medications** on a routine basis the camper **takes medications** as follows:

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications

General Questions (explain "yes" answers below)

Has/does the camper:

- | | |
|----------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 1. Had any recent injury, illness or infectious disease? Y / N | 16. Ever had a back problem? Y / N |
| 2. Have a chronic or recurring illness/condition? Y / N | 17. Ever had problems with joints (e.g. knees, ankles)? Y / N |
| 3. Ever been hospitalized? Y / N | 18. Have an orthotic appliance being brought to camp? Y / N |
| 4. Ever had surgery? Y / N | 19. Have any skin problems (e.g. itching, rash, acne)? Y / N |
| 5. Have frequent headaches? Y / N | 20. Have diabetes? Y / N |
| 6. Ever had a head injury? Y / N | 21. Have asthma? Y / N |
| 7. Ever been knocked unconscious? Y / N | 22. Had mononucleosis in the past 12 months? Y / N |
| 8. Wear glasses, contacts or protective eyewear? Y / N | 23. Had problems with diarrhea/constipation? Y / N |
| 9. Ever had frequent ear infections? Y / N | 24. Have problems with sleepwalking? Y / N |
| 10. Ever passed out during or after exercise? Y / N | 25. If female, have an abnormal menstrual history? Y / N |
| 11. Ever been dizzy during or after exercise? Y / N | 26. Have a history of bed-wetting? Y / N |
| 12. Ever had seizures? Y / N | 27. Ever had an eating disorder? Y / N |
| 13. Ever had chest pain during or after exercise? Y / N | 28. Ever had emotional difficulties for which professional help was sought? Y / N |
| 14. Ever had high blood pressure? Y / N | 29. Waived or missed any scheduled immunizations? Y / N |
| 15. Ever been diagnosed with a heart murmur? Y / N | |

Please explain any "yes" answers, noting the number of the questions: _____

Name of family physician _____ Phone _____

Name of family dentist/orthodontist _____ Phone _____

Use this space to provide any additional information you believe the camp staff should be aware of regarding the campers behavior and physical, emotional, or mental health: _____

Authorization to Treat During Transportation/Carpooling to Camp

Permission Form:

My child/ward has permission to travel to and from Camp de Benneville Pines near Angelus Oaks, California. I understand that the camp is not responsible for the safety of my child until my child has been properly checked in at the time of registration. Furthermore, once my child checks out of camp on the final day, the camp is no longer responsible for the safety of my child. Unless otherwise contacted by me, my child has permission to carpool to and from camp with the following adults (**please include names of all adults permitted to pick your child up from camp, including parents**):

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Emergency Authorization to Treat:

I hereby give permission to the medical personnel selected by my child/ward's driver to order x-rays, routine tests and treatment for my child/ward; and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the driver of my child/ward to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child/ward named above. This form may be photocopied. I recognize that neither de Benneville Pines, Inc., nor the Pacific Southwest District of the Unitarian Universalist Association is responsible for persons car pooling to or from camp.

Signature of parent/guardian _____ Date _____

During the times my child will be transported to and from camp, you should be able to reach me:

To Camp - Phone _____ Alternate Phone _____

From Camp - Phone _____ Alternate Phone _____

Emergency Information and Release Form for Adults Attending Camp de Benneville Pines

Name _____ DOB _____
Address _____ City/State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____ Gender: Male _____ Female _____ Gender Neutral _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) I understand that if I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

_____(initial) I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

_____(initial) I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

Emergency Information – all information below will be shredded after camp. We do not retain medical records for adult campers.

Medical Insurance Company _____ Phone # _____

Policy # _____ Group # _____

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

My immunizations are up to date: YES NO Date of last tetanus shot _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information)

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information)

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information)

Signature _____ Date _____



What to Bring

- Warm, waterproof jacket
- Hat/knit cap(s)
- Scarf
- Long pants/snow pants
- Long-sleeved shirt, T-shirt
- Comfy pants/sweatpants
- Sweatshirt, sweater
- Warm PJ's
- Underwear and at least 5 pairs of socks
- 2 pairs waterproof shoes/boots
- Sleeping bag or flat sheets & blanket
- Pillow
- A really great movie on DVD
- Snow sled
- Books, jokes, skits, stories, games
- 2 towels
- Dirty clothes bag
- Mittens
- Prescription meds in original med bottle
- Soap, shampoo, comb & hairbrush
- Toothbrush & toothpaste
- Lotion, sunscreen, lip balm
- Favorite music, instruments
- Camera & fresh batteries
- Water bottle – to refill
- Flashlight & fresh batteries
- Bike helmet with your name on it (for sledding)
- Funny hats and costumes
- CHAINS!

If you need to reach camp, here are some handy numbers:

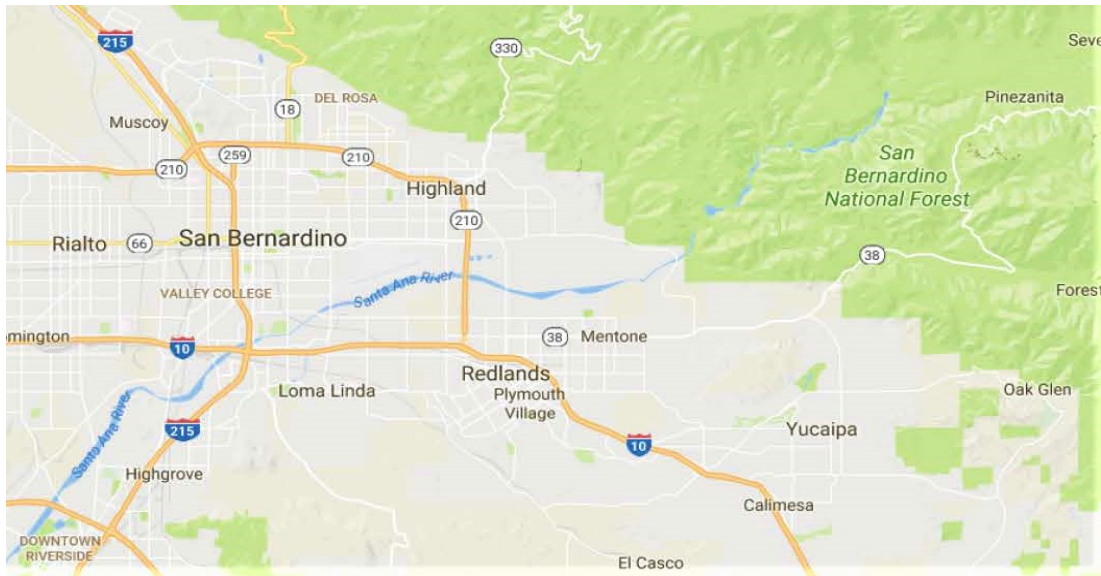
Janet James, Camp Manager, cell phone (909) 435-6298

Camp Office (909) 794-2928 Camp Lodge (909) 794-8712

Camp email: uucamp@aol.com Camp website: www.uucamp.org

Directions on website: <http://debenneville.org/Information/Directions2Camp.html>

DIRECTIONS to Camp de Benneville Pines



- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in **BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in **BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in **BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

Winter Travel to Camp

Before beginning a trip to camp, please review the following suggestions offered by Cal Trans and the California Highway Patrol to help promote safe winter travel:

- ❖ **When planning a trip** – Before you leave you should know where you are going. Check on the road conditions. Plan your route. Make sure your car is winterized. Buy or rent the correct sized chains to fit your vehicle. Check antifreeze for colder temperatures, brakes, windshield wipers, defroster heater and exhaust system. Make sure your tires have good tread for added traction on icy roads.
- ❖ **Emergency items** – Consider carrying the following items in your vehicle: flashlight with good batteries, deicer or ice scraper, gloves, an old jacket (should you need to be on the ground installing chains), a plastic garbage bag to kneel on, a small broom to brush snow from your car, a shovel, sand or kitty litter for traction, warm blanket, thermos with hot beverage and a few candy or snackbars.
- ❖ **Driving tips** – Be especially observant of road conditions. Watch out for snow removal equipment, and never attempt to pass snowplows in the unplowed lanes. Safe speeds on dry roads can be deadly on icy and snowy roads. Adjust your speed limit to match conditions. Observe speed limits. Chain control speed limit is 25 mph except where posted. Highway 38 from Angelus Oaks to camp can be very icy. Much of the highway is shaded in the late afternoon, so ice can form on the road before nightfall. Allow plenty of drive time. Keep your gas tank full in case you experience delays or need to make unexpected detours. When stopping on winter roads, never apply brakes suddenly. Pump them gently to avoid locking the wheels. Use a lower gear if possible to slow down. Leave plenty of stopping room between you and the car in front of you. Always make sure everyone in the car has their seat belt buckled.
- ❖ **Chains are a fact of life** – You must stop and put on chains when highway signs indicate that chains are required. There is about a mile between the “Chains Required” sign and the check point where you will be required to stop to install your chains. Failure to install the chains is a citable offense. Conversely, when you are removing your chains, drive beyond the “End of Chain Control” sign to an appropriate pull-off area. Try to install chains on a flat or level surface.

If you use the services of a chain installer, make sure you get a receipt and then write the installer’s badge number on it. Chain installers are independent business people and are not employed by Cal Trans. They set their own rates, which generally run between \$20 and \$25 per vehicle. Chain installers are not allowed to sell or rent chains, so be prepared with chains prior to driving up into the mountains. Many stores sell chains (Pep Boys, Wal-Mart, Auto Zone, etc.) It is a good idea to practice installing your chains before leaving home.

Remember to put chains on front tires for front-wheel drive vehicles, rear tires for rear-wheel drive vehicles.

DO NOT ATTEMPT TO ENTER THE CAMP’S DRIVEWAY WITHOUT CHAINS IF THE “CHAINS REQUIRED” SIGN IS POSTED AT THE ENTRANCE INTO CAMP. *Only four-wheel drive vehicles can make it into camp without chains. Do not install chains in the camp’s driveway. Please do not block traffic.*

- ❖ **Chain Requirement Code – R2:** Chains required on all vehicles except four-wheel drive vehicles. All two-wheel drive vehicles must install chains. Four-wheel drive vehicles with mud-and-snow tires may proceed as long as they are carrying chains. **R3:** Chains required on ALL vehicles. No exceptions. This is a rare occurrence in the San Bernardino Mountains, come prepared! **CARRY CHAINS! CARRY CHAIN TENSIONERS!**
- ❖ For current road conditions, call 800-427-7623 or log-on to www.dot.ca.gov/hq/roadinfo/
- ❖ Camp telephone numbers: Office: 909-794-2928 Lodge: 909-794-8712 Camp Director: 909-435-6298
- ❖ Camp Director’s email address: uucamp@aol.com Camp website: www.uucamp.org

Camp de Benneville Pines

41750 Jenks Lake Road West
Angelus Oaks, Ca. 92305
Camp (909) 794-2928
Lodge (909) 794-8712
Maintenance (909) 794-4530



In the event of an emergency, proceed to the volleyball court. Check in with your camp coordinator for further instructions.

Graphics by Frank Barata