

Yoga Camp for Adults 2026 Massage Therapists

Tracey Smith

Returning for her third Yoga Camp, Tracey Smith is a seasoned Massage Therapist with an impressive 34 years of experience, specializing in chair massage for the past 30 years. She concentrates on the back, neck, arms, hands, and scalp, which is where the majority of people hold their tension.

We are delighted to welcome Tracey back to Yoga Camp for Adults again this year! She had glowing reviews from last year's campers!

"Tracey is a gift"

"Tracey is the absolute best"

Her passion for wellness extends beyond the massage chair, as she traverses the globe in search of exotic essential oils. These botanical treasures inspire her renowned ONOLiciousOil creations, where she meticulously blends them into custom lotions and potions, crafting unique and luxurious experiences for her clients.

She will be offering both chair massage and custom blending this weekend. Also found at Clark's Nutrition locations.

Tracey's dedication to her craft and her adventurous spirit make her a sought-after expert in the world of holistic healing. www.onoliciousoils.com



Jen Henson

Jen is a licensed massage therapist and a SRT (Soft Stretch Release Techniques) professional, which is a gentle yet powerful approach to unravel tension and promote deep relaxation. She specializes in an array of therapeutic techniques including Swedish, Therapeutic Deep Tissue, Hot Stones, Sports, Aromatherapy, Cupping and the art of Soft Stretch Release Techniques. Each session is tailored to your unique needs, addresses physical discomfort, and provides a subtle yet profound release for your body and mind. www.bodyjaesthetics.com

A professional profile card for Jen Henson. It features a portrait of Jen Henson, a woman with long dark hair, smiling. To the left of the portrait, the text reads "Jen Henson" and "Massage Therapist". Below the portrait, there is a section titled "Meet Jen Henson" followed by a paragraph of text describing her as a licensed massage therapist and SRT professional, listing her specialties: Swedish, Therapeutic Deep Tissue, Hot Stones, Sports Massage, Aromatherapy, Cupping, Craniotherapy, Reflexology, Lymphatic Drainage, SRT (Soft Stretch Release), and Flow Stroke Energy. The text concludes with "Her approach focuses on reducing tension, improving mobility, restoring balance, and supporting deep recovery. Jen is committed to providing an exceptional experience for every client's journey." At the bottom of the card, there is a signature for "Body Jaesthetics" and the text "THERAPEUTIC TECHNIQUES".